



**FUTURESELF**

# Hip-Hop Dance Off

Thursday, June 10th

## DANCE OFF ENTRY FORM

Name or Name of Crew  
Names of Crew Members

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Tell us a bit about you

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Please write in block capitals

Contact ' s Name.....

Contact ' s Telephone Number.....

Contact ' s Address.....

Address Line 1.....

Address Line 2.....

Town.....

County..... Postcode.....

Contact ' s Email.....

I accept and agree to pay the \$20 registration fee on the night of the competition, and abide by the House Rules and Guidelines stated on the next page.

Signed.....Date.....

### Note to all competitors:

If you are coming to compete at ‘The Dance Off’, come ready to dance some serious moves, and be part of a night like no other! With the chance of winning an amazing (and we mean amazing!) prize, as well as the title of “The FutureSelf Hip-Hop Dance Off Champions”, you are guaranteed to have a fantastic night!

- You may compete solo, or with a crew. Each dance crew must have a minimum of 4 people and cannot exceed the maximum of 8.
- All entries must be received by Tuesday, June 1. Late entries will not be accepted. Please send entries to the address below.
- Each dance crew will be charged a \$20.00 entry fee on the night.
- Dance moves of an illicit or suggestive nature are **not** permitted. (E.g. no whining)
- Dance moves of a violent nature are **not** permitted - contestants cannot touch their opponents in a challenging or inappropriate manner.
- Contestants **must not** wear revealing or inappropriate clothing.
- All contestants must accept the judge’s decision as final.

### House Rules Guidelines

## IMPORTANT INFORMATION

### House RULES Guidelines

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#### Section A.

The “Hip-Hop Dance Off” competition will begin on Thursday, June 10. You will be required to present in front of skilled judges to qualify for the finals. The top 3 Individuals or groups in each age category (12-17, 18 & up) will compete in the finals that night.

The most important thing to remember is to be creative and in unison with your group. You are judged in many aspects - one of them being your uniformity, your choreography, and your interpretation of the song.

#### Here are a few things to keep in mind before coming to the competition

- NO TOUCHING. You can taunt, burn (hand gestures), insult, etc, your competition, but ABSOLUTELY NO TOUCHING.
- Refrain from using songs with profanity. Once you have decided on a song/remix, keep it until the day of the competition and bring it to the competition. Then bring two backup CDs on the day that you perform.
- You are judged on skill level, uniformity of movement, interpretation of the song and creativity of the uniform. The judges will be using a 100-point scale.
- Try to be creative as possible - do not lift movements from the video song and use in your choreography.
- If you have any need of props, or are bringing props, such as chairs, be sure to notify us when you register.

If you cannot fill out the form online for any reason, mail it: FutureSelf P.O. Box 2694, Colorado Springs, Colorado 80901 Attention: “Hip-Hop Dance Off” or drop it off at 214 E. Vermijo, Colorado Springs, Co 80903.

- If anyone comes with you to watch the competition, they will be required to pay the \$10 entry fee at the door.

There will be absolutely no VIDEOS allowed in the competing area, backstage or for those who will be watching. Anyone caught will be disqualified and/or removed from the premises.

- ☒ Zero Tolerance for drugs and under-age drinking. You will be disqualified and removed from the event, or if you are a spectator, you will be removed from the premises.
- ☒ NO FAMILY or CHOREOGRAPHERS allowed backstage or in the holding rooms. Groups or individuals dancing are only allowed backstage.
- ☒ If you need accommodation, please contact us by calling 1-719-338-5191
- ☒ Water will be provided. Please ensure that you do not eat a heavy meal before you dance.
- ☒ Each performance will be no more than 3½ minutes long. You are permitted to mix your songs. Songs longer than 3½ minutes will result in an immediate 20 Point Deduction and cut short.
- ☒ Be sure to prepare two pieces for the competitions. This in case you have to perform a second piece for the judges.
- ☒ Every competitor, (from all age groups) has to check in 2 hours before their dance time. If you do not check-in at that time, it will be assumed that you will not be competing.
- ☒ Once checked in, IF AVAILABLE ALL contestants will have to remain in rooms provided by management. If you leave the room area for any reason without consulting the backstage manager, you will lose your spot to compete.
- ☒ Once you have entered the competition, you may NOT change or replace your group members unless under extenuating circumstances. If a member drops out, please inform the organization in advance via email at **Events@futureself.org**
- ☒ If you are caught physically or verbally assaulting other teams, you will be automatically disqualified from the Hip-Hop Dance-Off Competition. It is important that you focus on yourself and your team.
- ☒ You and your team HAVE to remain at the competition until the end of the first Session to find out if your team has made it to the finals. Remember that 3 teams from each category will be chosen.
- ☒ If you are listed as a finalist, you will have to stay until further notice for one hour to receive instructions and fill out forms (the time is estimated to be for ONE hour).
- ☒ IF YOU OR YOUR TEAM DO NOT REMAIN IN THE FACILITY (or otherwise mentioned) TO HEAR THE RESULTS, THEN THE TEAM FOLLOWING YOU WILL AUTOMATICALLY RECEIVE YOUR SPOT.
- ☒ Please keep checking the website [www.futureself.org/events.html](http://www.futureself.org/events.html) for all information and forms.

## **Section B.**

### **For 1 on 1:**

Group, 'A' and 'B' are battling, each have to do 3 rounds. 'A' goes first, followed by 'B'. That is round 1, and you repeat until 3 rounds have passed. Or we can also have a time limit instead of rounds. For example, a battle can last for 3½ minutes.

### **For crew/team battles (2v2, 3v3, etc...)**

Each member on each crew goes once. Group 'A' and crew 'B'. Each has 3 members. A member from 'A' would go followed by a member from 'B'. After, another crewmember goes out followed by someone on the other crew.

Keep going until everyone is gone out, or you can have a time limit for the battles instead of rounds. For example, a 3v3 battle can be 5 minutes. This allows crews/teams to perform group routines as well as freestyle solo.

**Free-for-all,**

This is the cipher, where anyone can just jump into the circle and call people out. NO TOUCHING

**Please email form to:**  
Events@FutureSelf.org

**Please mail forms to:**  
P.O. Box 2694  
Colorado Springs, Co 80901-2694  
Attention: Hip-Hop Dance Off

**Drop off form to:**  
214 E. Vermijo  
Colorado Springs, Co

FUTURESELF, Inc.  
PO Box 2694  
Colorado Springs, CO 80901-2694  
Tel: 719-233-4143 email: [amber@futureself.org](mailto:amber@futureself.org)

(PLEASE READ CAREFULLY BEFORE SIGNING)

I understand that FUTURESELF, Inc. is an independent non-profit youth training organization.

I acknowledge that FUTURESELF, Inc. require staff, volunteers, participants to have adequate accident liability insurance. I attest that we will have adequate accident insurance coverage in effect and therefore agree to release and discharge FUTURESELF, Inc. and their employees, agents and successors from any liability whatsoever arising indirectly or directly from participation in the FUTURESELF, Inc. program.

I understand that lack of respect, obedience to those affiliated with, or guest of FUTURESELF may be reason for being suspended from FUTURESELF activities.

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I have read all of the above and I understand and agree to everything stated herein and would like to participate in FUTURESELF activities.

**Dance Participant Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

I have read all of the above and I understand and agree to everything stated herein and would like to participate in FUTURESELF, Inc. activities/ fundraisers.

**Parent' s/Guardian' s Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**FutureSelf**

**Photograph, Film or Vocal Recording Release**

Note: I authorize this release based on the following conditions:

- These records become the property of FutureSelf or its representatives
- This release is given without promise of compensation
- This release is effective until terminated by a retraction in writing from the person granting this authorization
  - The parent/legal guardian and the youth do release to FutureSelf any right, title and/or interest of any kind they may have in the records produced

**A. Release to photograph, film or record vocally for publicity purposes**

I hereby grant to FutureSelf the right and authority to photograph, film and/or record vocally:

\_\_\_\_\_

Name of person being photographed, filmed or recorded                      Date of Birth  
(Please print)

These records may be used for promotional or publicity purposes and may be published in mass media publications, on the FutureSelf internet site(s) or shown on television or movie presentations.

The youth or adult's name may be used. This release is effective until revoked in writing by the undersigned.

Such revocation shall only be effective to prevent any expanded future use of the records.

\_\_\_\_\_

Signed (parent or legal guardian)    Witness (for authorization by phone)

\_\_\_\_\_

Address    Phone number

\_\_\_\_\_

Date